

# HEART CHECK & PRAYER

MATTHEW 5:13-16

⚓ MATTHEW 5:16

*"In the same way, let your light shine before others,  
that they may see your good deeds and  
glorify your Father in heaven."*

— MATTHEW 5:16 (NIV)

## ♥ HEART CHECK

Jesus says, *"You are the light of the world."*

— MATTHEW 5:14

Not someday. Not when we finally get everything right.

**Now.**

So the question is not whether people are watching our lives.

— The question is:

### WHAT ARE THEY SEEING?

- ☐ Does the way I live make Jesus easier to see?
- ☐ Am I different from the darkness around me—  
or slowly blending into it?
- ☐ Do my words carry the light of Christ,  
especially when I am frustrated?
- ☐ Do the people inside my own home experience  
the same grace I want to show people outside it?
- ☐ When I fail to reflect Christ well, am I willing  
to admit it, apologize and turn back toward Him?
- ☐ Are my good deeds pointing attention toward me—  
or toward my Father?
- ☐ Is there somewhere God has placed me where  
I have been hiding my faith instead of  
faithfully shining?

## ♥ THE HARDER HEART CHECK

Sometimes shining does not look like getting  
everything right.

Sometimes it looks like saying:

*"I was wrong." "Please forgive me." "Let me try that again."*

Repentance does not extinguish our witness.

**Repentance can be part of our witness.**

The people closest to us do not need to see  
a perfect disciple.

*They need to see a disciple who  
continually returns to Jesus.*



## PRAYER

*Father,*

Thank You for calling me out of darkness  
and into Your wonderful light.

I know that the light in me does not  
originate with me.

*Jesus is the Light. I am only called  
to reflect Him.*

Search my heart and show me where my words,  
attitudes or actions have hidden that light.

When I am frustrated, give me patience.

When I am angry, guard my tongue.

When I am wrong, give me humility  
to admit it.

When I am afraid, give me courage  
to stand in truth.

Help me especially to shine Your light among  
the people closest to me—the ones who see me  
when I am tired, impatient and imperfect.

Let my faith be visible without becoming performance.

Let my good deeds be seen without my heart  
craving recognition.

And when others look at my life, may their  
attention travel beyond me and toward You.

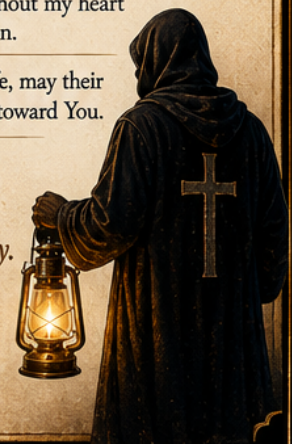
*Let the life be seen.*

*Let Christ be recognized.*

*Let the Father receive the glory.*



*In Jesus' name,  
Amen.*



## CARRY THIS WITH YOU

Ephesians 5:8

*"For you were once darkness, but now you are light in the Lord.  
Live as children of light."*



**I DON'T HAVE TO BE  
THE SOURCE OF THE LIGHT.  
I JUST HAVE TO STAY CLOSE  
TO THE ONE WHO IS.**



— SEEN DEEDS. UNSEEN DISCIPLE. GLORIFIED FATHER. —

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