

# GO TO SCRIPTURE



## THE ACHE

"People need me...  
but do they  
actually want me?"

Being depended upon  
can feel like being loved—  
but they aren't  
necessarily the same.  
When usefulness begins  
determining our sense of  
worth, don't let the feeling  
write the conclusion.

Take the feeling  
to the Word.



## WHEN YOU FEEL *Needed,* BUT *Not Wanted*



### WHAT DOES GOD'S WORD SAY?



#### John 15:15-16

"I have called you friends...  
You did not choose me,  
but I chose you..."

→ Jesus doesn't merely use you.  
He calls you friend and says  
He chose you.



#### Psalms 27:10

"Though my father and mother  
forsake me, the LORD will  
receive me."

→ When human relationships leave  
you feeling unwanted, God  
receives you.



#### John 6:37

"Whoever comes to me  
I will never drive away."

→ Jesus doesn't merely permit  
you to come. He promises  
not to turn you away.



#### Isaiah 43:1, 4

"I have summoned you by name;  
you are mine... you are precious  
and honored in my sight...  
I love you."

→ God describes you as His, precious,  
honored and loved—not just useful.



#### Ephesians 1:4-5

"He chose us in him... In love  
he predestined us for adoption  
to sonship..."

→ Your place with God is the place  
of a chosen child, not hired help.



#### Romans 5:8

"While we were still sinners,  
Christ died for us."

→ Christ loved us before we had  
anything worthy to offer Him.



#### John 21:12, 17

"Come and have breakfast." /  
Feed my sheep."

→ Jesus fed Peter before sending  
Peter to feed others. Come  
and receive before pouring  
yourself out again.



#### Matthew 11:28-29

"Come to me, all you who are  
weary and burdened,  
and I will give you rest."

→ Jesus' answer to the exhausted  
isn't always another assignment.  
Sometimes it's simply, "Come to Me."



#### Mark 6:31

"Come with me by yourselves to a quiet place and get some rest."

→ When everyone else needed something from the disciples,  
Jesus noticed that the disciples themselves needed care.



### THE TURNING POINT

Stop asking your usefulness to prove your worth.

When the ache says: "Nobody wants me unless they need something..."

— turn to Scripture and let Jesus answer: —

- "I chose you." — John 15:16
- "I have called you friends." — John 15:15
- "You are mine." — Isaiah 43:1
- "You are precious... I love you." — Isaiah 43:4
- "Come to me." — Matthew 11:28
- "I will never drive away." — John 6:37

### SIT WITH THE WORD



Where in my life  
do I feel needed but  
not necessarily  
wanted?



Have I allowed being  
useful to become part  
of how I measure  
my worth?



Which of these  
Scriptures speaks  
most directly to  
what I'm feeling  
right now?



What would change  
if I truly believed  
Jesus wants my  
presence—not just  
my service?



What would  
"Come to Me"  
look like for me  
today?



WHEN THE FEELING SAYS "UNWANTED," GO TO THE WORD.

*You are not just useful to Jesus.*

YOU ARE WANTED. FULLY. PERMANENTLY.



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