

Heart Check & Prayer

GENESIS 3:8-15

From Hiding to Hope

*The same God who confronted in the garden
still calls, still pursues, and still offers redemption.*

*Where
are you?"*

Genesis 3:9
(NIV)



HEART CHECK

Be honest before the Lord.

- 1 Am I hiding from God in any area of my life?
- 2 Do I blame others, make excuses, or avoid taking responsibility for my sin?
- 3 Am I believing lies instead of God's truth?
- 4 What "fruit" am I reaching for that is not from God?
- 5 Do I recognize the subtle ways the enemy distorts God's Word in my thoughts?
- 6 Am I living in the hope of the crushed head — trusting in Jesus' victory?



LET'S REMEMBER

Truths to Hold On To.

- God still seeks us. He calls, "Where are you?" not to condemn, but to restore.
- Sin always leads to more hiding, shame, and brokenness.
- The serpent's lies may sound appealing, but they are never true.
- God's plan of redemption began immediately (Genesis 3:15).
- Jesus has already crushed the serpent's head.
- We don't have to stay in hiding — we can come to God in honesty and receive grace and a new beginning.



A PRAYER OF REPENTANCE

When You've Been Hiding

Lord, I confess the areas where I have been hiding — from You, from others, and even from myself. I have believed lies, made excuses, and reached for what was not Yours. Thank You for still calling my name. Open my eyes to the truth, give me a repentant heart, and help me to walk in the freedom You've provided through Jesus. I don't want to hide anymore. Bring me into Your light.

Amen.



A PRAYER OF HOPE

Anchored in Jesus' Victory

Father, thank You that the story did not end in the garden. What began with a tree of disobedience ends with the cross and a tree of life. Thank You for sending Your Son to crush the serpent's head, to take my sin, and to give me new life. Help me to live each day in the reality of Your victory — no longer defined by my past, but by Your grace, love, and the hope I have in Christ.

Amen.



A PRAYER FOR OTHERS

That They Would Come Out of Hiding

Lord, I pray for those who are hiding — from You, from their sin, from their pain, or from others. Call to them, just as You called to Adam and Eve. Let them hear Your voice, experience Your love, and find the hope that only comes through Jesus. Open their eyes to the truth and draw them into the freedom of Your grace.

Amen.



*"There is now
no condemnation
for those who are
in Christ Jesus."
Romans 8:1 (NIV)*

— THE ANONYMOUS DISCIPLE —

*Same God.
Same Story.
A Greater Ending.*

