

Job 2:7–13

HEART CHECK & PRAYER



HEART CHECK

- ☐ When I see suffering in my own life or in someone else's, do I rush to give answers instead of simply being present?
- ☐ Do I allow others to sit in their pain without trying to fix it?
- ☐ Am I quick to question God when life doesn't make sense?
- ☐ Do I trust God's goodness, even when my circumstances are difficult?
- ☐ Am I a friend who shows up, listens, and stays—especially when words are too small?



PRAYER

Lord, thank You for showing us through Job that it's okay to weep, to grieve, and to sit in the ashes. Forgive me for trying to rush past pain or for demanding answers when I don't understand. Teach me to trust Your character, even when life is hard. Help me to be a friend who shows up, listens, and stays. Give me compassion for those who are suffering, and help me point them to You, the One who is always good.

Amen.



TAKEAWAY

We won't always have answers, but we can always be present. Sometimes love looks like sitting in the ashes with someone and pointing them to the One who is always good.

— The Anonymous Disciple —