

HEART CHECK & PRAYER

SAME WORDS • DIFFERENT HEARTS

EXAMINE • REPENT • RECEIVE • WALK IN TRUTH



HEART CHECK

Take a few moments to be honest with God.

- 1 Am I more concerned with how I look than with a heart that pleases God?
- 2 Do I say the right things, but my actions don't match my words?
- 3 Is there any area where I'm living for approval instead of obedience?
- 4 Do I treat people differently when no one is watching?
- 5 Are my motives pure, or am I seeking my own recognition?
- 6 Is my speech building others up, or tearing them down?
- 7 Where do I need to grow in authenticity, humility, and love?

*"Search me, God,
and know my heart;
test me and know
my anxious thoughts."*

Psalms 139:23 NIV



PRAYER

Lord, search my heart. Show me anything in me that is motivated by pride, image, or the approval of others. Forgive me for the times I have said the right words but not lived them out. Give me a genuine heart — a heart that loves You and loves people well. Help me to be the same person in private as I am in public. Fill me with Your Spirit so that my words and actions point to Jesus. Make my life a true reflection of Your love, grace, and truth. Amen.



AS YOU GO

Steps for a More Authentic Life

- Confess and turn from any hypocrisy.
- Ask the Holy Spirit to reveal hidden motives.
- Choose one practical way to live more authentically this week.
- Let love, not performance, guide your words and actions.
- Look for opportunities to encourage others with a genuine heart.
- Remember: God sees the heart, and He delights in what is real.

*"A genuine heart
always finds its way
back to Jesus."*