

# HEART CHECK

*Where is my heart today?* ♡

BE HONEST. BE REAL. LET GOD IN. ♡



## INTEGRITY

- ♥ Am I walking in integrity—the same way when no one is watching?
- ♥ Is there anything in my life I'm hiding or afraid will be found out?
- ♥ Do my choices line up with what I claim to believe?

Proverbs 10:9 • Psalm 15:1–2



## MY WORDS

- ♥ Do my words build up or tear down?
- ♥ Am I speaking life and truth, or carelessness and criticism?
- ♥ Do I listen more than I speak?

Proverbs 10:6, 11, 13–14 • James 1:19



## LOVE & RELATIONSHIPS

- ♥ Am I holding onto hurts instead of covering them with love?
- ♥ Do I stir up conflict or seek peace and restoration?
- ♥ Do I treat others the way I want to be treated?

Proverbs 10:12 • 1 Peter 4:8



## TEACHABLE HEART

- ♥ When I'm corrected, do I listen or get defensive?
- ♥ Am I quick to humble myself, learn, and grow?
- ♥ Do I welcome God's wisdom in my daily life?

Proverbs 10:8 • James 1:19–20



## REPUTATION & LEGACY

- ♥ What kind of reputation am I building?
- ♥ Will people be blessed when they remember me?
- ♥ Am I living today in a way that honors God's name?

Proverbs 10:7 • Proverbs 22:1



Walk in integrity. Speak with wisdom.  
Love deeply. Live securely.  
The straight path leads to life. ♡



## A PRAYER FROM THE HEART ♡



### *Search me, Lord.*

Examine my heart and show me any crooked paths or hidden sin. Bring my thoughts, motives, and actions into the light. Help me walk in integrity and truth. Psalm 139:23–24



### *Teach me Your wisdom.*

Give me a teachable heart that listens and obeys. Help me store up Your Word and speak only what is helpful, kind, and true. Proverbs 10:8, 14 • Ephesians 4:29



### *Help me love like You.*

Help me release hurt and forgive as You forgive. Let love cover offenses and bring peace where conflict wants to grow. Proverbs 10:12 • Colossians 3:13



### *Guard my words.*

May my words be a fountain of life to others. Keep me from gossip, harshness, and foolish talk. Teach me to listen, encourage, and speak life. Proverbs 10:11, 13



### *Give me security in You.*

Help me live with a clear conscience and nothing to hide. Let Your truth be my refuge and my confidence. Proverbs 10:9



### *Make me fruitful.*

Let my life bring honor to Your name and be a blessing to others. Use me for good, today and always, to Your glory. John 15:8

*Amen.* ♡