

Ecclesiastes 5:1-5



Heart Check & Prayer

“Do not be hasty in word or impulsive in thought to bring up a matter in the presence of God. For God is in heaven and you are on the earth; therefore let your words be few.”

Ecclesiastes 5:2



HEART CHECK

Take time to be honest with God and with yourself. Ask the Holy Spirit to search your heart.



Do I rush to speak in prayer, or do I take time to be still and listen?



Are my words before God sincere, or sometimes careless and emotional?



Do I come to God with a humble heart, remembering that He is in heaven and I am on the earth?



Have I made promises to God that I did not intend to keep or have delayed in keeping?



Do I talk more than I listen—in prayer, in worship, or in my daily walk with Him?



Are my words honoring, thoughtful, and filled with reverence?



Is my prayer life marked by honesty, depth, and dependence on God, rather than many empty words?



PRAYER

Lord, You are in heaven and I am on the earth. Help me to come before You with a heart of reverence. Teach me to slow down, to listen before I speak, and to bring my thoughts and words to You with care and sincerity.

Forgive me for the times I have been hasty, careless, or impulsive in my words—both in prayer and in my everyday life. Give me wisdom to know when to speak, when to be still, and when to wait.

Help me to be a person who keeps my promises, especially the ones I make to You. Let my yes be yes and my no be no. Guard my heart from empty words, emotional decisions, and prideful speech.

Fill my heart with a deep desire to know You, to hear Your voice, and to walk in humble obedience. May my words reflect a heart that honors You.

*In Jesus' name,
Amen.*



KEY TAKEAWAY

A heart that reveres God speaks fewer words, keeps its promises, and listens for His voice.

