

PSALM 141

Heart Check & Prayer

A PRAYER FOR A GUARDED HEART,
A WATCHED MOUTH, AND A TEACHABLE SPIRIT

*"Set a watch, O LORD, before my mouth;
keep the door of my lips."*

Psalm 141:3 (KJV)

*"Let the righteous smite me;
it shall be a kindness."*

Psalm 141:5 (KJV)

♥ HEART CHECK

Honest questions for a humble heart.

- ♥ Do I regularly ask God to guard my mouth before I speak?
- ♥ Do my words build up or tear down? Are they kind, true, and necessary?
- ♥ Is there any sin or compromise I've started to "appetite" or justify in my heart?
- ♥ Do I quickly become defensive when someone corrects me?
- ♥ Do I see correction as criticism, or as kindness from the Lord?
- ♥ Am I willing to be "smitten" with truth if it helps me grow in holiness?
- ♥ Do I keep my eyes on the Lord, trusting Him to keep me from the snares of the wicked?

David's prayer was not just for protection from evil around him, but for protection from evil *within* him.
Let's make it our prayer too.



♥ PRAYER FOCUS

What we're asking God to do.



Guard my mouth.

Set a watch before my lips. Keep the door so only what is pleasing to You comes out.



Guard my heart.

Incline me not to any evil thing. Keep me from sinful appetites and desires.



Give me a teachable spirit.

Help me receive correction without pride or defensiveness.



Send faithful correction.

Let the righteous reprove me. Let it be kindness, not offense.



Keep my focus on You.

Let my eyes be unto You, O Lord. In You is my trust.



Protect my path.

Keep me from the snares that others have laid. Deliver me from their nets.



Center my life on prayer.

Let my prayer rise before You as incense, morning, noon, and night.

♥ PRAYER ♥

*Lord, set a watch before my mouth and keep the door of my lips.
Incline not my heart to any evil thing, and keep me from the wickedness that entices.
Let the righteous reprove me, and let it be a kindness.
Let Your correction be like excellent oil—soothing, healing, and holy.
Keep my eyes on You, O God the Lord. In You is my trust.
Keep me from the snares and nets of the enemy, and let the wicked fall
into their own traps. May my prayer rise to You as incense,
and may my life be pleasing in Your sight. In Jesus' name I pray, Amen.*

FAITHFUL
WOUNDS
SHAPE US.
GOD'S LOVE
HEALS US.
HIS TRUTH
SAVES US.



TODAY I CHOOSE TO...

- ♥ Watch my words.
- ♥ Guard my heart.
- ♥ Welcome correction.
- ♥ Walk by faith, not by flesh.
- ♥ Trust God to keep my path.

Blessed is the one
who hears correction
and takes it to heart.
Proverbs 15:31 (KJV)



DAILY REMINDER

Righteous correction is not the end of relationship—it is the proof of love.
Better a faithful wound today than a shattered soul tomorrow.

