

1 THESSALONIANS 4:16-17

Heart Check & Prayer

LIVING TODAY WITH
RESURRECTION HOPE



HEART CHECK

REFLECT • BE HONEST • INVITE GOD TO WORK

1

Do I truly believe that Jesus is coming back and that the dead in Christ will rise first?

Is this a real hope in my heart, or just a future event I think about occasionally?

2

How does resurrection hope change the way I live today?

Am I living with eternal perspective, or am I still consumed with temporary things?

3

Am I grieving with hope?

Do I bring my sorrow to the Lord, trusting that I will see my loved ones again in Christ?

4

Am I encouraging other believers with this truth?

Do I share the hope of the resurrection with those who are hurting or discouraged?

5

Am I ready?

Is my heart aligned with Jesus, living in a way that honors Him while I wait?

6

What would change in my daily priorities if I truly believed

I could be with the Lord at any time?



PRAYER

PRAISE • SURRENDER • ASK • COMMIT



PRAISE

Lord, thank You for the incredible promise that Jesus Himself will come and that we will be with You forever. You are faithful, powerful, and true to Your Word.



SURRENDER

I surrender my worries about the future, my fear of death, and my desire to hold on to this world. Help me to live with an eternal perspective, trusting that my true home is with You.



ASK

Lord, strengthen my faith as I wait. Help me to grieve with hope, to encourage others with this truth, and to be ready for Your return. Fill me with a holy anticipation and keep my heart focused on You, not on temporary things.



COMMIT

Today, I choose to live with resurrection hope. I will set my mind on the things above, love others well, and share the promise of eternal life. Whether You come today or in my lifetime, help me to be found faithful, and may my life bring glory to You until we are together forever.

Amen.

THE ANONYMOUS DISCIPLE

